EXAMPLE OUTLINE for SENIOR RESEARCH PROJECT

Mrs. Buchholz

# Introduction

## Attention Getter (you may write this later)

## Thesis

# Body

## Literature Review

### History of baseball

1. Inventor and beginnings
2. Integration of players
3. Women & Baseball
4. Expansion

### Scandals

1. Black sox
2. Steroids

### Dynasties

1. NY Yankees
2. STL

### Current MLB

1. PED patrolling
2. Parity in the league
   1. “moneyball”
   2. Farm system
3. Current powerhouses
4. Expansion of playoffs/world series

## Connection

### Baseball and Communities

1. T-ball
2. Coach Pitch
3. PeeWee
4. Teeners
5. Legion

### Coaching Influences

1. HS coaches
2. College coaches

### Passion for sports and education

1. Continual participation
2. Want to teach

## Methodology

### Volunteer coaching

1. Contacting previous and current coaches
2. Contacting city office
3. Organizing team practices
   1. Skills focus
      1. Offense
         1. Hitting
         2. Base running
         3. Sliding
      2. Defense
         1. Catching
         2. Pitching
   2. Team focus
4. Game Time
   1. Warm ups
   2. Roster and Line Ups
   3. Game
   4. Team Reflection

### Time Requirements

## i. Practices

## ii. Games

### Monetary Requirements

## i. Equipment

## ii. Gas/Travel

### Physical Requirement

### i. Players

### Conditioning

### Flexibility

### Strength

### ii. Self

### a. Conditioning

### b. Ability to show examples

5. Final Product

i. Full Team

ii. Season Games

1. Tournament games

## Reflection

### Struggles

i. How did you overcome?

ii. How could have you prevented?

### Positives

i. What went well?

ii. Why?

3. Gains

i. personal

ii. social

1. Skills
   1. Tangible
   2. Non-tangible

# Conclusion

## Restate Thesis

## Tie back to intro